

## Where do you ride?

### Footpath/shared path/cycleway:

- Only children under 16 can ride on a footpath.
- Adults supervising children under 16 can also ride on the footpath.
- Be careful of cars entering and exiting driveways.
- Watch out for other riders, pedestrians and animals.

Look out for pedestrians on shared paths.

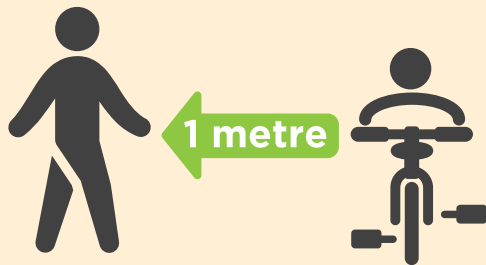


### Road:

- Ride with an adult who can teach you the road rules.
- Be extra careful.
- Walk your bicycle when you cross at a pedestrian crossing.

### Give a metre:

Give pedestrians 1 metre of space when riding past.



For handy hints visit  
[bicyclensw.org.au/resources](http://bicyclensw.org.au/resources)



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bicycle  
NSW 

*Creating a better environment  
for all bicycle riders*



Helping teach kids  
how to be safe  
when riding  
a bike.



## 3 steps to follow when riding a bike:

### Clip, check, chime.

Clip your helmet

1



You must always wear a helmet when riding your bike.

Check your brakes

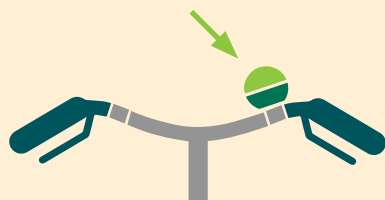
2



Make sure your brakes are working.

Chime your bell

3



If you pass another rider or pedestrian, chime your bell.

## Things to remember



Always ask your parents permission to ride.



Loose clothing and items can get caught in your wheels. Make sure you wear **bright, fitted** clothing and secure any loose items, like backpack straps.



Joggers will help you grip the pedals and protect your feet. Make sure your laces are tied.



## Always remember to watch out for hazards



- 1 Wet leaves
- 2 Big puddles
- 3 Storm grates
- 4 Gravel or rocks
- 5 Little kids
- 6 Animals
- 7 Changes in the road/footpath/cycleway surfaces