

Bicycle NSW Ride Leader Course Update

Master Ride Leader Role Explained
20 May 2021

Update from Bicycle NSW CEO – Alistair Ferguson

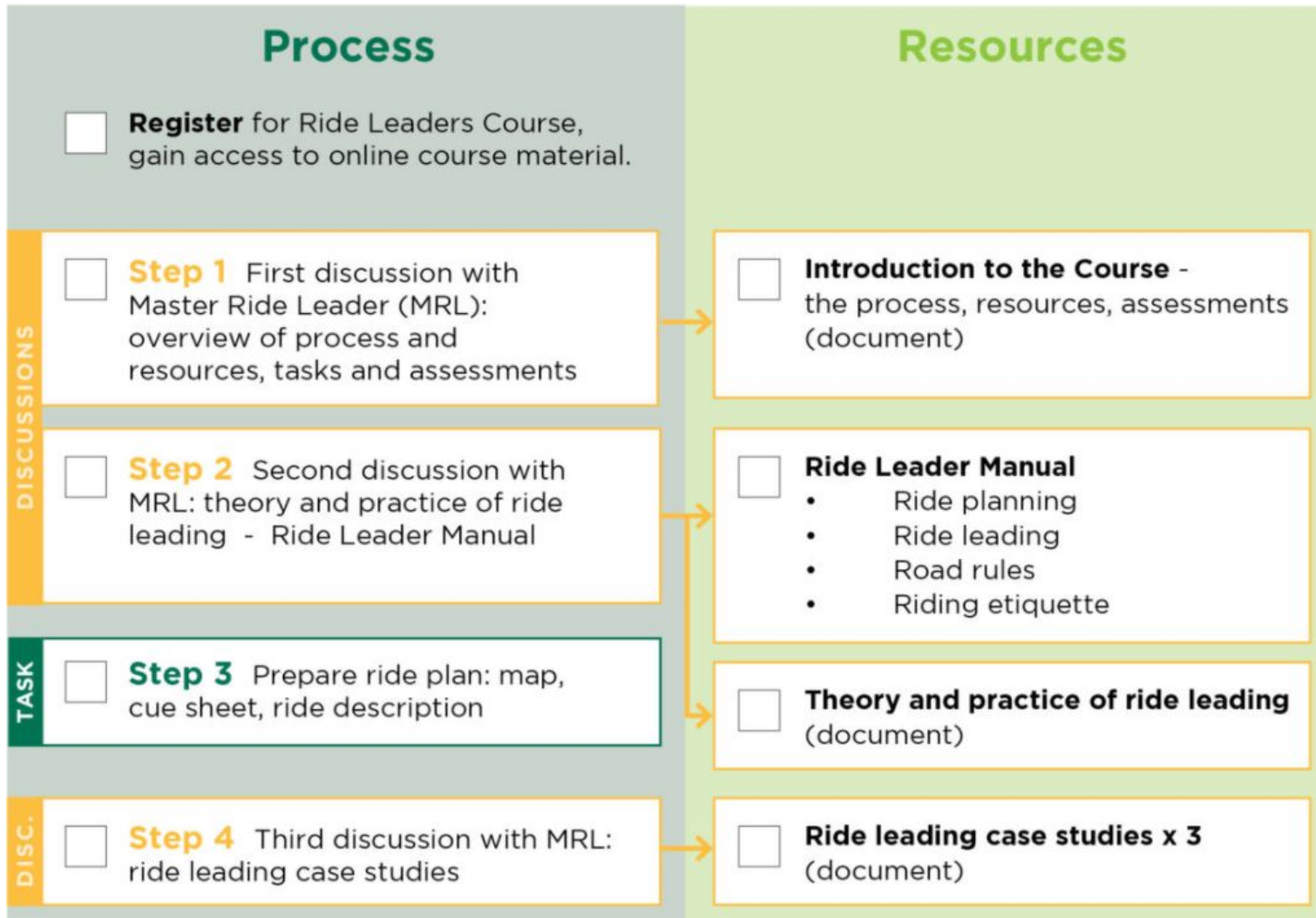
COVID-19 put a halt to running training courses in Sydney. Bicycle NSW took the opportunity to revise the course and update the manual. So now the Ride Leader Course can be delivered by all BUGs across the state to suit their own local needs. With COVID, cycling has had a resurgence in popularity and we know BUGs want more Ride Leaders. (RL)

It's of utmost importance to BNSW that RLs are the right people to lead rides and that they've been well trained in mitigating risk, managing people and any untoward events that may happen. We've designed the new course with these in mind.

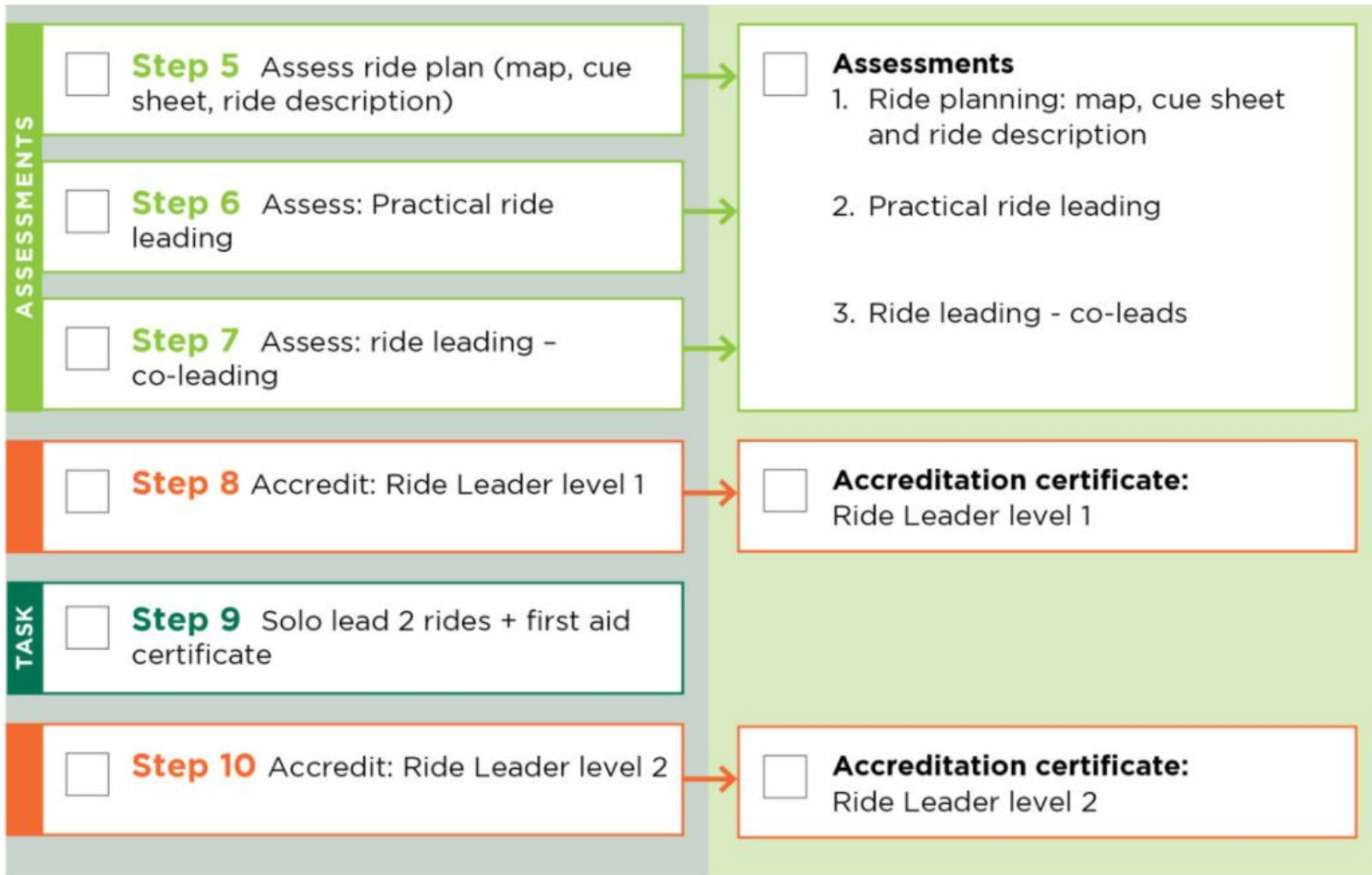
Registration in the Course is now available through the website to experienced riders supported by their BUGs and who are BNSW members.

Let me thank everyone who has contributed to its development over the past few months.

What is the Ride Leader Course?



What is the Ride Leader Course? Continued



What is the Ride Leader Course? Continued

What is involved for the candidate?

- Homework (ride planning, reading the Manual and Case Studies)
- Master Ride Leader (MRL)/candidate discussions and
- practical ride leading assessments.

Note for the MRL assessing the candidate

The ride leading activities are crucial and need one MRL to each candidate for the 20 to 40 minute assessment and debrief.

BUGs will need to work out a local timetable for running the course.

Links:

Candidate Pack

<https://bicyclensw.org.au/ride-leader-course-documents/>

Becoming a Master Ride Leader

We're expecting that BUGs will need more MRLs to deliver the Course. The BUG committee needs to recommend to BNSW experienced ride leaders who are the right people to become MRLs and train new RLs.

It's a simple process to get them accredited and involves a short interview with either David Martin or Graeme Edwards


- The MRL role is crucial to delivery of the Course, which is now significantly upgraded to focus on
 - training and
 - assessment.
- We'd also like to see the MRLs take the longer-term responsibility for overseeing the ride leading standards in the BUG, and developing existing riders to become future RLs and MRLs.

Links:

<https://bicyclensw.org.au/master-ride-leader-documents/>

Becoming a Master Ride Leader

Master Ride Leader - Assessment and Accreditation Form

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MASTER RIDE LEADER – ASSESSMENT AND ACCREDITATION	
<p><i>Master Ride Leaders (MRLs) guide the development and accreditation of experienced riders to lead recreational group bicycle rides in New South Wales consistent with the guidelines set out in the Bicycle NSW Ride Leader Manual. MRLs accredit Ride Leaders and fellow Master Ride Leaders with an authority delegated by the Chief Executive Officer, Bicycle NSW, subject to the terms of this document and their certification of the candidate's competence.</i></p>	
Requirements of the role	
The Master Ride Leader:	
<ul style="list-style-type: none">• Fosters the capability of Ride Leaders in the Bicycle NSW affiliated BUG/group• Develops potential and aspiring Ride Leaders for example by giving them experience in group roles such as sweep• Assesses candidate Ride Leaders by conducting the full range of assessment activities• Continually monitors the performance of Ride Leaders and gives discreet, constructive feedback when necessary• Continually reviews the BUG/group's conduct of group rides and implements improvements as required.• Remains a Bicycle NSW member and keeps contact details up to date, notifying Bicycle NSW of any changes.	
Accreditation of a Master Ride Leader	
MRL accreditation is achieved through assessment by another accredited Master Ride Leader and registration by Bicycle NSW.	
Bicycle NSW requires that candidates are assessed against the criteria set out on the following page. Successful achievement of these criteria will require:	
<ul style="list-style-type: none">• interview and discussion• observation on group ride(s)• completion and submission of the application.	
Submission of the Accreditation statement to Bicycle NSW is to be supported by:	
<ul style="list-style-type: none">• The assessor's and the candidate's full names, addresses and contact details (mobiles)• A brief statement, relevant to the BUG/group's activities, of the candidate MRL's:<ul style="list-style-type: none">○ ride leading experience and○ understanding of key risk management issues for the group.	
Bicycle NSW will subsequently issue a Certificate of Accreditation.	
BNSW recommends that MRLs are reaccredited every three to five years, to ensure their continuing individual competence and continuing high and consistent standards in the group, through an MRL peer-to-peer discussion using the following assessment criteria.	
MASTER RIDE LEADER ASSESSMENT	
FOR COMPLETION BY ASSESSING MASTER RIDE LEADER	
I have assessed _____ as a Master Ride Leader and confirm that they have met the following criteria:	
(Please tick)	
<input type="checkbox"/> Extensive experience as an accredited BNSW Ride Leader	
<input type="checkbox"/> Understands the content of the Ride Leader Manual and is capable of leading a 'theory and practice of ride leading discussion' with candidate ride leaders regarding:	
<input type="checkbox"/> the key principles of ride leadership;	
<input type="checkbox"/> risk management	
<input type="checkbox"/> managing on-ride incidents and emergencies	
<input type="checkbox"/> managing people in a group.	
<input type="checkbox"/> Capable of conducting all training and communication activities in the BNSW Ride Leader Course	
<input type="checkbox"/> Capable of assessing Ride Leader candidates in the:	
<input type="checkbox"/> Ride Planning assessment tasks	
<input type="checkbox"/> Ride Leading assessment tasks. (The assessing Master Ride Leader must observe the Master Ride Leader candidate out on (a) ride(s) for this criterion to be met.)	
<input type="checkbox"/> Capable of ongoing mentoring and coaching of ride leaders by identifying and providing feedback on areas of development.	
<input type="checkbox"/> Has received and responded positively to my feedback at all times.	
Candidate name: <small>Please print</small>	
Candidate signature: _____ Date: _____	
Contact details: _____ Address: _____	
_____ Email: _____ Mobile: _____	
MRL Candidate BUG: _____	
Assessor name: <small>Please print</small>	
Assessor signature: _____ Date: _____	
Contact details: _____ Address: _____	
_____ Email: _____ Mobile: _____	
Assessing MRL BUG: _____	
Please email a scan/photo of the completed form to: info@bicyclensw.org.au	

Re-accreditation

Re-accreditation, recommended every three to five years, is about maintaining high standards through communication - it's RLs and MRLs talking about RL risks, techniques, and current group and route issues. *It's about people talking to each other.*

Re-accreditation is not about BNSW enforcing BUGs compliance with a re-accreditation process. There'll be no audit of BUGs but there will be on-going support eg a recommended tick-box process and an email support service.

In order to get all of the current MRLs & RL contact details, we're doing a re-accreditation process on the current course content.

We are asking current MRLs & RL to fill out this form:

https://docs.google.com/forms/d/1c-dE9MaTED1dybo9dTww0l9nkd6Cj11qaAO7xby3hvAs/edit?usp=drive_web

Bicycle NSW will verify the MRL & RL and send out a new certificate.

Conclusion

Please email any further questions you have to bnsw-mrls@bicyclensw.org.au
We have MRLs who will be able to respond to you.

We want to continue to improve the RL Course. We'd like to get your feedback later in the year on what your experience has been with it and how it can be improved.

Seeking MRLs

If you have any contacts who are MRLs and are interested in joining the MRL group to support the delivery of RL training courses please pass on this information. The interviewing of candidate MRLs can be done online.

